

GENERAL SOP FOR CONDITIONAL MOVEMENT CONTROL ORDER

Allowed Activities

- Economic and industry activity chains
- Conduct Government Official Tasks
- Obtain health treatment, emergency matters and death

Prohibited Activities

- Please refer to matters listed in list of prohibited activities

Fixed Instructions

- Subsection 11 (3) Act 342
- Subject to enforcement rules of NSC and MOH
- Instructions, rules and SOP under Ministries/Departments/Agencies
- CMCO SOP of Sabah
- Other instructions from time to time issued by DG of Health

Operation hours

24 hours

Allowed Activity Hours

As per rules set in Brief Description

Residents Movement

Allowed with conditions

ACTIVITIES & PROTOCOLS

Action	Brief Description
Involved Areas	States / Districts / Mukim
Enforcement Period	Subject to decision by MKN
Controlled Movement	<ul style="list-style-type: none"> • Movement in CMCO areas and to CMCO areas and other RMCO areas are allowed • Movement to EMCO areas need Royal Malaysian Police (RMO)'s approval • Number of passengers in private vehicles as according to vehicle capacity. However, high risk individuals and children are not encourage to exit to public places, opened and crowded • Number of people allowed in goods & services carrying vehicles with economic/activity chains depend on registration license of commercial vehicles • Movement of private vehicles, government departments or private companies for reasons of back and forth from work place or conduct government official business depend on seating capacity of respective vehicles • Activities and services at all airports and ports are ALLOWED • Public transportation services such at buses, express buses, LRT/MRT/ERL/Monorail, ferries, aeroplanes and taxis/e-hailings are ALLOWED (operation hours according to license rules) based on vehicles' capacity • Food delivery services are ALLOWED from 6.00am to 12.00am during period of CMCO.

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ACTIVITIES & PROTOCOLS

Action	Brief Description
Control Movement at the sea	<p>Sabah</p> <ul style="list-style-type: none"> • The movement of small boats from the islands of Sabah to the mainland including movement of boats in the coastal area are only ALLOWED with a capacity of 50% starting from 6.00am until 6.00pm only. • For fishing boats in ESSZONE waters who have registered with the Department of Fisheries only ALLOWED from 6.00am to 6.00pm (only at the permitted jetties). This permission is subject to the permit issued by the District Police Chief. • The following movement of vessels are NOT ALLOWED: <ol style="list-style-type: none"> a) All Non-Convention Ships (NCS) from Indonesia and the Philippines entering the waters ESSZONE, Sabah, Malaysia, and all NCS Malaysia Ships from ESSZONE waters to the Philippines and Indonesia. b) Indonesian fish carriers to Tawau; and c) NCS ships from the Philippines passing through Sabah waters to W.P Labuan <p>Note: All NCS ships are small vessels under international shipping standards (International Maritime Organization Standard)</p> <ul style="list-style-type: none"> • Scuba diving activities are ALLOWED to operate with a capacity of 50% of passengers for boats carrying divers to dive locations and capacity of 50% in the open field with comply with the SOP set by the Ministry of Tourism, Culture and Environment. However, this activity is NOT ALLOWED in the locations enforced by PKPD

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Action	Brief Description
Movement Control at Sea	<p>Labuan</p> <ul style="list-style-type: none"> • Movement for Sign On / Sign Off of the shipping industry as well as oil and gas ARE ALLOWED to operate in accordance with current regulations and SOPs in force. Entry from Red Zone at sea and air entry points for Sign On must submit the negative COVID-19 test result confirmation three (3) days from the date of entry and must undergo 14 days mandatory quarantine before Sign On. • Water transport services for RoRo Ferries, Express Ferries and Speedboats are ALLOWED to operate with limited capacity based on physical distancing in the transportation from 6.00 am until 10.00 pm. • Water taxi transport services, passenger boat (bot penambang) and pilotage (pemaliman) are ALLOWED to operate from to operate from 6.00 am to 10.00 pm except for Sign Off activities. • Transportation service for Sign Off activities is only ALLOWED to operate from 6.00 hours morning to 6.00 pm only in compliance with current rules and SOPs in force. • Activities related to NCS Ships (Kumpit) to Labuan for transshipment purposes are NOT ALLOWED. • For ships coming from Sabah, Sarawak and outside the waters of WP Labuan into WP Labuan for a period of 14 days, crews performing Sign Off must undergo mandatory quarantine for 14 days.

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ACTIVITIES & PROTOCOLS

Action	Brief Description
Activities Within CMCO Areas	<ul style="list-style-type: none"> • Businesses/economies/industries are ALLOWED as directed by Government • Markets, Shopping Malls and Retail Stores are ALLOWED according to SOP between 6.00am to 12.00am • Restaurants, shops/eateries, food trucks, roadside hawkers, moving hawkers, food courts, roadside eateries/kiosks, grocery shops and convenient stores are ALLOWED between 6.00am – 12.00am according to Food Sector SOP • Restaurants are ALLOWED to operate dine-in (SOCIAL DISTANCING OF 1 METER BETWEEN CUSTOMERS according to table size), take away, delivery or drive-in according to Food Sector SOP. Operation hours are allowed between 6.00am – 12.00am (subject to license condition) • Operations of daily markets, wholesale markets, agricultural markets and night markets according to operation hours states in license/permit until 12.00am ac • Operation hours at petrol stations are between 6.00am – 12.00am (Petrol stations at highways are allowed to operate 24 hours) • Laundry operations are ALLOWED from 6.00am – 12.00am • Other business operations for daily necessities are ALLOWED from 6.00am – 12.00am (subject to license conditions)

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ACTIVITIES & PROTOCOLS

Action	Brief Description
Medical/ Healthcare Services	<ul style="list-style-type: none"> • The operating hours of Government and private clinics and hospitals are ALLOWED to operate 24 hours or according to time set by the Government • Pharmacies and drug stores can operate from 8.00am to 12.00 midnight
Healthcare Services Protocol	<ul style="list-style-type: none"> • The owner of the premises ensures control of the entry and exit of customers to the premises with 1 meter physical distancing • The owner of the premises ensures that customers check in to the premises using MySejahtera or writing their names and phone number manually, including scanning their body temperature. For those with body temperature 37.5 degrees Celsius and above is NOT ALLOWED to enter the premises • The owner of the premises limits the number of customers on the premises with 1 meter physical distancing radius at a time and displays the maximum number of customers who are in the premises • Employees, suppliers and customers are required to wear face masks properly according to MOH recommendations while in the premises
Work Activities	<p>Movement in and out of PKPB and PKPP areas is ALLOWED</p> <p>Movement to PKPD area is NOT ALLOWED</p> <p>Civil servants involved in the government activities and organisations with permission under directives</p> <p>For vehicles carrying employees including private vehicles are ALLOWED to operate with SOP compliance</p>

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ACTIVITIES & PROTOCOLS

Action	Brief Description
Sports and Recreational Activities	<ul style="list-style-type: none"> • Sports and recreational activities without physical contact (indoor and outdoor) are allowed. Activities carried out individually must not exceed 10 people by ensuring social distancing (static activities: 1-3 meters and dynamic activities: 3-5 meters) such as walking, jogging, cycling, self-training aerobics, hiking, fishing etc. are ALLOWED with compliance to the SOPs of the Sports & Recreational Sectors. • Permission to operate and use sports facilities by the public is RESTRICTED to training activities that do not involve physical contact and comply with the Sports & Recreational SOPs. Consumer capacity for each premise involved should not exceed 50% of the total capacity of the respective premise. Entrepreneurs and sports operators must schedule the training sessions accordingly if there are many participants by limiting the number of users at a time. • Existing centralised training programs being implemented by the National Sports Council and respective State Level Sports Councils can be continued on a "Quarantine Based Approach" as implemented in MSN Complex at Bukit Jalil and Keramat, Badminton Academy Malaysia, Bukit Kiara, Paralympic Sports Center of Excellence, Kg. Pandan, Sunway Megalanes and Velodrome, Nilai.

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Action	Brief Description
Sector Economy and Industry Activities	<ul style="list-style-type: none"> • Activities at CMCO areas can proceed as determined by Government by abiding determined SOP • All vehicles concerning industries, businesses and factories are ALLOWED to operate crossing district and state borders
Fishing, Farming and Agricultural Sector Activities	<ul style="list-style-type: none"> • Fishing, farming, agricultural, breeding and others concerning food chain are ALLOWED to operate
Religious Activities	<ul style="list-style-type: none"> • Masjid and surau activities are ALLOWED by limiting attendances as determined by Religious State Authorities • Activities at non-Muslim religious houses are ALLOWED by limiting attendances as determined by NSC/MOH/State Governments and FT Ministries for religious houses at FT areas • Muslim weddings are ALLOWED by limiting a maximum of 30 persons only based on space area and social distancing at Religious offices or subject to number determined by State Religious Department • Non-Muslim weddings are ALLOWED by limiting a maximum of 30 persons only based on space area and social distancing at National Registration Department/Religious Houses/Non-Muslim Religious Societies

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Creative Industries	<ul style="list-style-type: none"> • Recording activities for music, concerts, film shooting, interviews and others are ALLOWED whether via indoor recordings (studios) or outside premises LIMITED within CMCO areas only with minimum crew and WITHOUT SPECTATORS, following Creative Industry SOP • Live events are allowed without spectators with crew and workers determined by MOH • Busking activities at closed locations (within buildings) are ALLOWED with control of performance period and number of spectators determined by MOH
Day Cares, Montessories and Kindergartens	<ul style="list-style-type: none"> • Allowed operations with approval from relevant Ministries/Agencies • Parents/Guardians sending children to day cares are allowed to use vehicles with child passengers according to vehicle capacities
Meetings	<ul style="list-style-type: none"> • Face to face meetings for official/work at offices, hotels and other institutions are allowed by complying with social distancing, wearing of face masks and only 50% capacity of meeting rooms • Indoor meetings are ALLOWED according to instructions from JPA and MITI guidelines
Other Allowable Activities	<ul style="list-style-type: none"> • Other activities non-included in the Negative List are ALLOWED based on available SOP

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ACTIVITIES & PROTOCOLS

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List of Activites Non-Allowable (Negative List)	
Entertainment Activities	<ul style="list-style-type: none"> • Activities at night clubs or pubs, theme parks, indoor playgrounds and cinemas • Concert activities or live events with attendance of spectators
Seminars/Workshops /Conference/Exhibitions	<ul style="list-style-type: none"> • All Seminars/Workshops/Courses/Trainings/Conference/Lectures/Exhibitions and activities in connection to Meetings, Incentives, Conventions and Exhibitions (MICE) • EXCEPTIONS. Trainings for ongoing services CAN BE CONDUCTED only in training institute areas only
Mass Ceremony Organisation	<ul style="list-style-type: none"> • Government and Private Official and Non-Official Ceremonies, Social Ceremonies such as kenduri, weddings and engagements, receptions, majlis aqiqah, doa selamat, tahlil, anniversaries, birthdays, reunions, retreats and other social ceremonies • Attendances of government and private officials for Official and Non-Official Ceremonies from CMCO and EMCO areas to outside
Education	<ul style="list-style-type: none"> • Tuition, music, dance, arts, study, language classes and others. EXCEPTIONS allowed for individuals (one to one) • EXCEPTIONS. Students, IPTA, IPTS taking examinations with foreign institutes are ALLOWED to attend only for examinations and not for study sessions

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Sports and Recreational Activities	<ul style="list-style-type: none"> • Picnics, physical contacts, matches for team sports and organisation of championships/tournaments • Sports and recreational activities involving mass presence and difficulty in maintaining social distancing • Sporting events and tournaments with attendance of spectators and events and tournaments involving participatns from overseas
Tourism Activities	<ul style="list-style-type: none"> • Tourism activities to CMCO areas • Tourism activities to overseas by citizens and local tourism activities involving foreign tourists entering Malaysia (except foreign tourists from countries specified by Ministries)
Other Non-Allowable Activites	<ul style="list-style-type: none"> • Any activities that can cause mass of people attending at a single location until difficulty in maintaining social distancing and abiding instructions from AG of MOH • Other matters decided by Government from time to time