Activities Allowed	Effective Time	24 Hours	Allowed Activities Time	As stated in the brief	Population Movement	Allowed with condition		
 All Economic Activities and Industries 	Activities Time description below Movement ACTIVITIES & PROTOCOLS							
 Perform Government Official Duties 	Action	Brief D	escription					
 Obtain Health Services/Emergency Matters/Death 	Affected Areas	Mukim	12, Barat Daya Dis	rict, Pulau Pinang				
Activities Not Allowed	Effective Period	6 th Nove	6 th November 2020 (12.01 am) to 19 th November 2020 (11.59pm)					
 List of prohibited activities Outward Movement of residents from CMCO areas besides the activities that are allowed. Inward movement of residents from outside CMCO areas besides the activities that are allowed. Standing Instructions 	Movement Control	 Armo Only othe Vehi exit. The to we have a second second	 Armed Forces (ATM), Malaysia Civil Defence Force (APM) and Malaysian Volunteer Corps Department (RELA). Only two (2) persons are allowed in a single vehicle for the purpose of obtaining food / basic necessities, medical and other needs. High-risk adults and children are not encouraged to go to public areas, open and crowded. Vehicles transporting essential goods and services, as well as economic / industrial activity chains are allowed to enter and exit. The number of passengers allowed in such vehicle depends on the commercial vehicle registration license The movement of private / government departments / private companies' vehicles for the purpose of commuting to and fro to work or carrying out official Government duties depends on the seating capacity of the respective vehicle. Activities and services at all airports and ports are allowed to operate. 					
 Act 342 Subject to the regulations issued by National Security Council and Ministry of Health Instructions, regulations and SOPs under the Ministry / Government departments / Government Agencies Other instructions from time to time issued by the Health Director General 		 Taxi 12.0 For e 	rubile transport services such as main stops bas, express bas and taxif e maining services are anowed to operate.					

Activities Allowed	Effective Time	24 Ho	urs Allowed Activities Time	As stated in the brief description below	Population Movement	Allowed with condition			
 All Economic Activities and Industries 	ACTIVITIES & PROTOCOLS								
 Perform Government Official Duties 	Action	B	Brief Description						
 Obtain Health Services/Emergency Matters/Death 	Activities in the CMCO Area		Business / Economy / Industry can operate as prescribed by the Government. Supermarkets, shopping malls and retail stores are allowed according to the SOPs.						
Activities Not Allowed		•	· · ·	d stalls, food trucks, roadside alls / kiosks, grocery stores a	•	awkers, food courts / hawker are allowed to operate between			
 List of prohibited activities Outward Movement of residents from CMCO areas besides the activities that are allowed. Inward movement of residents from 		•	Purchase of food is enco maximum of 2 custome SOPs of the food sector.	rs per table, with physical so	cial distance of one m	way only. Dine in is allowed with eter apart and compliance to the			
outside CMCO areas besides the activities that are allowed.		•		tions are between 12.00 am					
Standing Instructions			•	Malaysian Volunteer	ons are between 6.00 am to 1 Corps Department (RELA) / are allowed from 4pm to 10p	local authority mem			
Act 342 Subject to the regulations issued by National Security Council and Ministry of Health		•	Malaysian Volunteer (Petrol station operating	Corps Department (RELA) / hours are between 6.00 am to between 6.00 am to 10.00 p	local authority meml o 10.00 pm.				
 Instructions, regulations and SOPs under the Ministry / Government departments / Government Agencies Other instructions from time to time issued by the Health Director General 									

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Updated as of 5 November 2020

Activities Allowed	Effectiv
All Economic Activities and	

- All Economic Activities and Industries
- Perform Government Official Duties
- Obtain Health Services/Emergency Matters/Death

Activities Not Allowed

- List of prohibited activities
- Outward Movement of residents from CMCO areas besides the activities that are allowed.
- Inward movement of residents from outside CMCO areas besides the activities that are allowed.

Standing Instructions

- Act 342
- Subject to the regulations issued by
 National Security Council and Ministry of
 Health
- Instructions, regulations and SOPs under the Ministry / Government departments / Government Agencies
- Other instructions from time to time issued by the Health Director General

Effective Time	24 Hours	Allowed Activities Time	As stated in the brief description below	Population Movement	Allowed with condition
ACTIVITIES & PROT	OCOLS				
Action	Brief D	escription			
Health and Medical Services	PharmaIf you r	acies and medicinal shop equire medical and heal	and hospitals, including veterinar os can operate from 8am to 11pm Ith services outside the CMCO are pointment card / letter.	י ו	ate 24 hours. e obtained in advance except for those
Work-related Activities	 letter of Employ catego operat 	of permission from the yers must comply with ries set by the JPA Circ ions) for private sector	employer are allowed for the p this order and assign employee ular for civil servants and Busing	ourpose of working and perf es to work from home EXCEF ess Continuity Plan (BCP) (d	PT employees that fall under the irectly involved in company

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Activities Allowed	Effective Time	24 Hours	Allowed Activities Time	As stated in the brief description below	Population Movement	Allowed with condition			
 All Economic Activities and Industries Perform Government Official 	ACTIVITIES & PROTOCOLS								
Duties	Action	Bri	ief Description						
 Obtain Health Services/Emergency Matters/Death 	Sports & Recreation Activities	onal •	 Contactless and individual sports, of not more than 10 people such as e-sports, walking, joggi cycling, aerobic exercise, hiking, fishing and others that are done in an open space/area are 						
Activities Not Allowed		•	 allowed. Hiking activities at all hiking locations at Mukim 12, Barat Daya, Penang are not 						
 List of prohibited activities Outward Movement of residents from CMCO areas besides the activities that are allowed. Inward movement of residents from outside CMCO areas besides the activities that are allowed. 		•	 (excluding hiking areas under the Penang Forestry Department) Activities at commercial football field, gymnasiums, futsal courts and commercial badminton halls are allowed with operating of between 6.00am to 10.00pm by following the Sports & Recreation Sectors SOPs. Approval to operate and use the facilities of football and futsal fields by the public is limited to training activities that does not involved physical touching and for maximum of 10 persons only. 						
Standing Instructions			All operators need to		e training session ac	cordingly if there are more			
Act 342Subject to the regulations issued by		•	-	programs that are organise e with a Quarantine Based A	•	Sports Council and State Sports			
National Security Council and Ministry of HealthInstructions, regulations and SOPs under	Economic and Industrial Sector Activities	•	Economic and Indust to SOPs which have	ate as usual with compliance					
the Ministry / Government departments / Government Agencies Other instructions from time to time		•	 All vehicles related to business and manufacturing industries are allowed to operate, incorrectors-district/state travel 						
issued by the Health Director General	Fisheries, Plantatio	ion Sec	ctors related to Fisheric	es, Plantations, Agricultures,	Livestocks and Food	d-Supply Chain can operate.			
	and Agriculture		UNO	FFICIAL TRANSLATED	VERSION BY E	UROCHAM MALAYSIA			

Updated as of 5 November 2020

Activities Allowed	Effective Time	24 Hours	Allowed Activities Time	As stated in the brief description below	Population Movement	Allowed with condition	
All Economic Activities and Industries	ACTIVITIES & PROTOCOLS						
Perform Government Official Duties	Action	Brie	of Description				
Obtain Health Services/Emergency	List of Activities that are NOT ALLOWED (Negative List)						
Matters/Death	Religious Activities	• All religious activities in the mosque, prayer room, and non-Muslim religious sites and prayer rooms are only allowed to make the call to prayer, including the Imam				-	
Activities Not Allowed			• •	per of participants as determined			
List of prohibited activitiesOutward Movement of residents			Management and wor compliance to the SOP	kers at all non-Muslim religiou s.	is houses are allowed	for 6 persons only with	
from CMCO areas besides the	Entertainment activ	vities •	Activities at night clubs	and pubs, theme parks, indo	or playgrounds and ci	nemas are not allowed.	
 activities that are allowed. Inward movement of residents from outside CMCO areas besides the activities that are allowed. 		1	 Activities of musical recordings, concerts, filming, interviews and as such are allowed whether at studio recording or outdoors as long as social distancing is practised and without spectators, in compliance with the creative industry SOP 				
Standing Instructions	Seminars & Worksh Conference, Exhibit	ion	 All Seminars & Workshops, Conferences, Exhibition, Lectures, Training, Courses and activities related to Meetings, Incentives, Convention and Exhibitions (MICE) are not allowed. In service training can operate within the institutes only. 				
Act 342 Subject to the regulations issued by National Security Council and Ministry of Health Instructions, regulations and SOPs under the Ministry / Government departments / Government Agencies Other instructions from time to time	Meeting	and	•	tually. Whereas internal mee	-	cy representatives are not allowed e Public Office Department (JPA)	
	Organising Mass Ev		and engagement, and	l government and private cere all Muslim related functions/s r social events are not allowed	pecial gatherings, birt	s, like wedding reception, wedding hday parties, reunions,	
issued by the Health Director General		• Government/ private sector officers that require to exit CMCO areas to participate ar				articipate are not allowed	

Health

Government Agencies

Instructions, regulations and SOPs under the Ministry / Government departments /

Other instructions from time to time issued by the Health Director General

Activities Allowed	Effective Time	24 Hours	Allowed Activities Time	As stated in the brief description below	Population Movement	Allowed with condition		
 All Economic Activities and Industries 	ACTIVITIES & PROT	OCOLS						
 Perform Government Official Duties 	Action	Brie	fDescription					
Obtain Health Services/Emergency	List of Activities that are NOT ALLOWED (Negative List)							
Matters/Death Activities Not Allowed	Education	ŀ	Kindergartens, Nurseries, Childcare Centres, Religious Schools are closed during this period.					
 List of prohibited activities Outward Movement of residents from CMCO areas besides the activities that are allowed. Inward movement of residents from outside CMCO areas besides the activities that are allowed. 	Sports and Recreational Activit	• / ies 0 • 5	 championships/tournaments are not allowed. Sports and recreation activities involving crowds and difficulty in maintaining social distancing are not allowed. 					
Standing Instructions	Other prohibited	f	rom overseas are no	t allowed.	· · ·			
 Act 342 Subject to the regulations issued by National Security Council and Ministry of 	Other prohibited activities	f	or social-distancing a	and compliance with MOH' e government announces	's orders to take pla	nue which makes it difficult ce are not allowed.		